Sample Packing List

Clothing

- Appropriate clothing for one week: but you want to be aware of the weather for the week of your session (ex. Shorts for warm weather, coat for rain, etc...)
 - Light Jacket or Sweater
 - Comfortable Footwear (There will be lots of walking)
 - o Pajamas and Personal Garments
 - Activewear
 - Outfit you don't mind getting stained (for tie-dye)

Shower Gear

- Shower Shoes (ex. Flip Flops)
- Towel
- Personal Toiletries and Shower Supplies
 - Toothbrush and Toothpaste
 - o Floss
 - o Shampoo and Conditioner
 - Body Wash/Body Soap
 - o Deodorant
 - Cologne/Perfume
 - Sunscreen 0
 - Lotion
 - Hand Sanitizer 0
 - Lip Balm/Chapstick
 - Nail Clippers and File
 - Hairbrush/Comb
 - Razor and Shaving Cream
 - Makeup and Makeup Remover (if applicable)
 - Feminine Hygiene Products (if applicable)

Accessories

- Hat or Cap
- **Sunglasses**
- Belt
- Hair Accessories

(if applicable)

Miscellaneous

- **Phone Charger**
- Headphones
- Umbrella
- Book(s)

Bedding

- Sheets
- **Pillow**
- Sleeping Bag or Comforter
- Mattress Topper
- **Blanket**

School Supplies

- Notebook
- Pens & Pencils
- Backpack or alternative bag to keep school supplies in

Optional

- Laptop & Charger
- **Portable Charger**
- Your favorite snacks
- Spending money
- Glasses, contacts, and contact solution (if applicable)
- Any needed prescriptions (in prescription bottles)