

EASTERN CONNECTICUT STATE UNIVERSITY



I.D.E.A.L. Residential Portfolio

Individualized Developmental Experiences And Learning

Housing & Residential Life

Eastern I.D.E.A.L. - Portfolio

What is an I.D.E.A.L. Residential Portfolio?

A liberal arts education focuses on well-rounded, holistic learning where students are intentional about the education they receive, both inside and outside of the classroom. The I.D.E.A.L. Residential Portfolio encourages students to sample a variety of Eastern's offerings, exposing them to useful resources and activities of interest.

Who Can Participate?

All first-year, sophomore and junior residential students are eligible to participate.

How to Participate

To participate, sign up by Friday, September 20, 2024. Students will then complete the required check-list and provide proof of attendance (i.e. pamphlet, flier, ticket stub, or program) to indicate their participation. For each item on the list, students will also write a brief reflection essay discussing their observations, what they learned and their feelings about the experience. These reflections and proof of attendance will be compiled in a portfolio binder and submitted to Housing and Residential Life by Wednesday, February 19, 2025.

Benefits

All students who complete the I.D.E.A.L. Residential Portfolio earn up to 30 Priority Points, in addition to any points they accumulate while attending events to complete the portfolio (e.g. UROC & RHA Meetings, RA educational programs, CCE events). Students are eligible for merit-based awards on their portfolio's creativity, reflection and overall content. The submitter of the most outstanding portfolio for the freshmen, sophomore and junior class will win one of the top three picks in the housing selection process if they earn a minimum of 80% of available points.

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Portfolio Requirements

- Attend four (4) Residence Hall Association (RHA) meetings.
- Attend a RHA Event.*
- Attend at least two (2) University Residential Outreach Council (UROC) meetings.
- Attend a UROC event.*
- Attend an educational RA program in your hall.
- Participate in a Center for Community Engagement event.
- Attend an Eastern Athletic event.*
- Participate in a SGA recognized Student Organization (you must appear on their roster submitted at the end of the fall semester)
- Attend a University Hour event.*
- Attend a University theatrical or musical performance.*
- Visit an event or local business/establishment in the town of Willimantic.
- Submit a copy of your completed Four-Year Plan.
- Find a job that you would like to apply for upon graduation and submit a copy of the job description, your cover letter and your resume before and after having it checked by the Center for Internships and Career Development staff.
- Include an essay on how you have grown in your time at Eastern, what Eastern's core values mean to you and how you attempt to incorporate the core values into your Eastern experience.

Bonus Activities

Complete items from the optional list below to earn additional bonus points in the merit-based award scoring rubric.

- Complete a Roommate Expectation Form.*
- Take and include a photo of your favorite residence hall bulletin board and explain why you chose it as your favorite.
- Include five (5) photos of some of your favorite memories at Eastern with a description of each.
- Start a Peer Success Group in the fall in your hall through your hall director and write a brief reflection.
- Create a 30 second to five (5) minute video about your experiences at Eastern and share the link/file with us. In the event of a tie, this video will be used as a tie breaker when giving awards.

** Please include programs, fliers, or a photograph to verify your completion of this requirement.*

Important Information

Sign Up

To participate you must sign up by completing the [on-line survey](#) by Friday, Sept. 20, 2024 at 4 p.m.



Due Date

Portfolios will be due by **Wednesday, Feb. 19, 2025** at **4 p.m.** in the Housing Office, Wood Support Services, Room 241

Questions

If you have any questions please contact the Office of Housing & Residential Life at (860) 465-5297

Contact Person

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For More Information Visit

<https://www.easternct.edu/housing/campus-life/ideal.html>



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