

CONTACT US:  
msa@my.easternct.edu



Upwards of 100 students gather at the Student Center to rally and raise awareness of the violence happening in Gaza

## DIETARY RESTRICTIONS

- **Halal** – Muslim standards of slaughter and preparation of meat and poultry  
(Halal is to Muslims what kosher is to Jews)
- The Quran **prohibits** the consumption of alcohol, pork and pork by products...
  - Pepperoni, sausage, hot dogs, or bacon
  - Animal shortening
  - Gelatin, including: Jell-O and gummy bears/worms
  - Lard
  - Ingredients containing alcohol (ex. Vanilla extract, Dijon mustard)

**Consider** a vegetarian option when catering to our Muslim students.



Students try on hijabs at event on dispelling myths of women in Islam

## PERSONAL MODESTY IN ISLAM, THE HUMAN BODY IS SACRED

- **Greetings**– Wait until a Muslim student extends their hand, as they may place their right hand over their heart to greet you instead.
- **Cross-Gender Greetings**– Most Muslims do not give hugs to or physically embrace unrelated persons of the opposite sex. They may/may not co-mingle with or sit/stand in close proximity to unrelated persons of the opposite sex.

- Muslim men practice lowering their gaze, not making direct eye contact with women.

- **Dress Code (Men)** – Muslim men behave and dress modestly by wearing clothing that covers from navel to the knee.
- **Dress Code (Women)** – Muslim women behave and dress modestly by wearing loose-fitting, non-revealing clothing in public, covering the whole body. Hijab refers to a headscarf and the entire clothing Muslim women wear.



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## MUSLIM STUDENT AWARENESS GUIDE

**THIS GUIDE WAS CREATED TO MAKE EDUCATORS AWARE OF THE WAYS WE CAN SUPPORT OUR MUSLIM STUDENTS AS THEY PRACTICE THEIR FAITH WITHIN OUR INCLUSIVE LEARNING COMMUNITY.**

**PLEASE NOTE:**  
*THESE GUIDELINES OUTLINE GENERAL ISLAMIC BELIEFS & PRACTICES. INDIVIDUAL APPLICATION OF THESE OBSERVANCES MAY VARY.*



## PRAYER - DAILY

FIVE (5) TIMES PER DAY

BEFORE SUNRISE

AROUND NOON

MID-AFTERNOON

AT SUNSET

AT NIGHT

**Wudhu:** Before prayer, Muslims are required to wash their hands, mouth, nose, face, arms, ears and feet with clean water.

**Duration:** Five (5) to Ten (10) minutes

**Location:** Any quiet and clean place

**Position:** Sit, stand, bow and prostrate to God, facing Mecca

**Avoid:** Do not walk in front of or interrupt Muslim students during prayer

## PRAYER - WEEKLY

**Jumu'ah:** Friday congregational prayer  
**Required** for men and **optional** for women

**Duration:** Forty-five (45) to Ninety (90) minutes

**Location:** Mosque (or Masjid) **Time:** Noontime prayer

*Friday congregational prayer is to Muslims what Sunday service is to Christians.*

*"No two things have been combined better than knowledge and patience."*

- PROPHET MUHAMMAD  
(PEACE BE UPON HIM)

## PERSONAL MODESTY

- **Istinjia** – If a bidet is unavailable, Muslim students may use a water vessel or bottle to wash after using the bathroom.
- **Islamic Finance** – Charging/paying interest is prohibited in Islam. Payment installment plans with no interest are acceptable forms of funding.
- **Islamic Pilgrimage (Hajj)** – Muslim students are required to make a pilgrimage to Mecca at least once in their lifetime, during the last month of the Islamic lunar calendar (**Hijri**). Performing the rituals of Hajj may last ten (10) days.



## PLANNING - SOCIAL

Many Muslim students are reluctant to take part in social gatherings at which alcohol is served. These students should not be penalized for not participating in such functions.

## PRACTICES - RELIGIOUS

**RAMADAN, EID AL-FITR, EID AL-ADHA**

**RAMADAN** – During **Hijri**, when our Muslim students are required to fast from break of dawn to sunset. Fasting does not mean that Muslims cease to work or study, instead, the **goal of fasting is to:**

- Help teach self-restraint from eating & drinking
- Empathize with those who are poor & hungry
- Promote good manners
- *Those exempt from fasting:* travelers, pregnant women, ill persons

**EID AL-FITR** – “Festival of Breaking the Fast” - Muslim students may take time off from school to celebrate the end of Ramadan (or EID AL-FITR)

**EID AL-ADHA** – “Festival of the Sacrifice” - Muslim students may take time off from school to celebrate the end of the annual **Hajj** to Mecca (or EID AL-ADHA). This Islamic holiday commemorates Prophet Abraham's willingness to sacrifice his son (peace be upon them) in obedience to God.